If insurance is accepted, plans are listed after each resource. All listed are trained in perinatal mood disorders and maternal mental health.

All provide receipts for out of network insurance submission.

Further resources can be found at [www.postpartum.net](http://www.postpartum.net)

Erin Saddic, MS PMH-C, LPC

1040 West Chester Pike Suite 211

West Chester, PA 19382

Email: [erin@erinsaddic.com](mailto:erin@erinsaddic.com)

Phone: 610-931-5547

[www.erinsaddic.com](http://www.erinsaddic.com)

Dara Dvinoff, LCSW

24 Paoli Pike

Paoli, PA 19301

Contact

Email: dara@daradvinofftherapy.com

Phone: 610-596-9970

Aetna, Cigna, United, and all BCBS plans (Highmark, Anthem, Personal Choice, Keystone, IBX)

Women's Emotional Wellness Center

Liz Bland, LCSW

Newtown Square, PA 19073

King of Prussia

[www.mainlinehealth.org/WEWC](http://www.mainlinehealth.org/WEWC)

Accepts all major insurances.

Ali Wilburn, LCSW

18 Mystic Lane

Malvern , Pennsylvania  19355

610-716-3979

<http://www.aliwilburn.com/>

Medicare.

Lisa Pagano

967 E Swedesford Rd

Suite 200

Exton, PA 19341

484-883-1496

lspagano@gmail.com

<https://www.lisapaganotherapist.com/>

Nicole McNelis, LPC

The Commons at Valley Forge

1220 Valley Forge Rd.

Suite 38

Phoenixville, PA 19460

484-393-1193

[nicolemcnelistherapy@gmail.com](mailto:nicolemcnelistherapy@gmail.com)

http://nicolemcnelis.com/

Melissa Ferrigno, MA, LPC, PMH-C

101 Lindenwood Dr, Suite 225,

Malvern PA

484-301-0803

<https://www.halcyontherapyllc.com/>

Heather Tuckman, Psy.D

203 West Chestnut Street

West Chester, PA 19380

610-430-1430

[www.heathertuckman.com](http://www.heathertuckman.com/)

Anthem

Blue Cross

Blue Shield

BlueCross and BlueShield

Capital Blue Cross

Federal Blue Cross

Highmark

Horizon Blue Cross and Blue Shield

Most out of state Blue Cross

NOT provider for INDEPENDENCE PERSONAL CHOICE/IBX

Annemarie K. Lange, LPC

7 W Central Ave

Paoli PA 19301

484-678-7565

alangelpc@gmail.com

<https://www.annemarielangelpc.com/>

APS Healthcare

Aetna

American Behavioral

Anthem

BlueCross and BlueShield

Carebridge EAP

Ceridian

Ceridian EAP

E4Health

First Call EAP

HMS/Health Advocate EAP

Health Advocate

Highmark

Humana

Lifesynch

MHNet Behavioral Health

Optum

Preferred Mental Health Management

UnitedHealthcare

Erin Jameson Saltzburg

558 W Uwchlan Avenue  
Suite 100  
Exton, PA 19341

484.879.4292

<http://www.turningpointassociates.net>

Aetna, Highmark BC, Medicare and Imagine Health.

Andrea Roundtree, LCSW

41 Paoli Plaza Suite E

Paoli, PA 19301

484-323-6286

[www.arrcounseling.com](http://www.arrcounseling.com)

Aetna, Carebridge EAP

Nancy Buckwalter, LCSW

2 Mystic Lane

Malvern, PA  19355

484-313-4287

Beacon

Amy Schullery, Psy.D

26 Regency Plaza, Glen Mills PA 19342, 2nd Floor

610-635-9641

[www.dramyschullery.com](http://www.dramyschullery.com)

All blue cross plans

Shawn Kraemer

125 Coulter Avenue, Ardmore, PA 19003  
Tel: 610.642.4873 | Fax: 610.642.4886  
Paoli Executive Green, Building 1, Suite 304  
41 Leopard Road, Paoli, PA 19301  
Tel: 610.647.6406 | Fax: 610.407.0302

<http://www.centerpsych.com/>

Cristina DiBartolomeo, MA, LPC

101 Lindenwood Dr, Suite 225,

Malvern PA

484-301-0803

https://www.halcyontherapyllc.com/

Michelle E. Newdeck, MS, LPC, NCC PMH-C

635 Swedesford Road

Malvern, PA 19355

610-616-5935

MNewdeck.counseling@gmail.com

<https://cornerstonetherapy.com/therapy-malvern-pa/>

Accepts most insurance plans.

Jamie Hummell, NCC LPC-DE

Tranquility Counseling, Inc

West Grove, Pennsylvania 19390

302-636-0700

[tranquilityhelps@gmail.com](mailto:tranquilityhelps@gmail.com)

<https://www.tranquilitycounselinginc.com/>

Sage Windemaker

312 W State Street  
Kennett Square, PA 19348

(484) 734-0008

<https://www.sagewindemaker.com/>

Beth Wolske, MSW, LSW

312 W State Street

Kennett Square, PA 19348

[beth@sagewindemaker.com](mailto:beth@sagewindemaker.com)

484-352-3028

Susan Winters-Griste

Well-Mind Therapy, LLC  
1220 Valley Forge Road   
The Commons At Valley Forge, Ste 38

 484-686-4915  
Phoenixville, Pennsylvania 19460

<https://www.wellmindtherapy.com/>

Anthem

BlueCross and BlueShield

Highmark

Horizon Blue Cross and Blue Shield

Scott Bragg, LPC (Specializes in postpartum dads)

30 South Valley Road

Suite 304a

Paoli, PA 19301

610-486-3535

<https://scottbraggpaoli.wixsite.com/scottbraggcounseling>

Ceridian

Highmark

Optum

Dana King-Butler, MSW, LCSW

219 W. Lancaster Ave.

Paoli, PA 19301 (Also has an office in Center City)

610-644-6464 ext: 1381

<https://www.myraysofhope-dkb.com/>

ACI Specialty Benefits

AmeriHealth

Behavioral Health Systems

BlueCross and BlueShield

Medicare

Cigna

United Behavioral Health

Highmark

MHNet Behavioral Health

Magellan Behavioral Health

Optum

Kateryna Dukenski

100 W 6th St, Media, PA 19063

Phone: (484) 441-3322

http://www.drdukenski.com/

Elizabeth Krause

3855 West Chester Pike, Suite 305

Newtown Square PA 19073

202-494-0424

Reduced Fee/Community Resources

Family Services Chester County

310 North Matlack Street, West Chester, PA

Phone: 610-696-4900

Email: info@familyservice.us

<https://www.familyservice.us/>

Community Mental Health Services West Chester University

CMHS is located at 125 West Rosedale Avenue on the 8th floor of Wayne Hall on the WCU main campus in West Chester, PA. Free parking is available in the lot in front of the building.

<https://www.wcupa.edu/sciences-mathematics/psychology/psyD/mentalHealthServices/>

Psychiatrists

Stacey Espaillat, MD

Board Certified Psychiatrist

www.StaceyEspaillatMD.com

12 Penns Trail, Newtown, PA 18940

Phone: 215-609-4099

Shanthi Trettin, M.D., M.A.

Women’s Psychiatric Healthcare, LLC

173 Belmont Avenue

Doylestown, PA 18901

267-880-0770

strettin@wphealth.com

Does not take insurance

Deborah Kim, M.D.

Haverford Square

385 Lancaster Ave, Suite 206

Haverford, PA 19041

610-420-4761

[drkim@upenn.edu](mailto:drkim@upenn.edu)

Private pay